

GLAMOUR

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Anne Hathaway

The Devil Wears Prada star's pick of the high street

How your POSTCODE affects your **ORGASM**

(Hint: It's time to move to Cornwall!)

1307 STYLE FINDS

EXCLUSIVE COLEEN

"Why I won't sign a pre-nup"

Size 0 Horror

"The TV show that tried to starve me"

Young, pretty, posh – and an £80k-a-year drug dealer

LOSE WEIGHT LIKE A MAN

That means no gym and as much pizza as you want

SEX with the ex!
FANTASIES about your friends!
The secret things MEN do when we're not around



Better skin by tonight

Yes, you read that right, says **Evie Leatham**



Radiant in **HOURS**

You have Partied-out skin

You need Exfoliation to remove light-absorbing dead skin cells and unplug pollutant-clogged pores, followed by a moisture mask designed for radiance. "These often contain clarifiers like vitamin C and pearlescent micro particles to leave a luminous veil," says Vicky Dello, Shiseido's UK training manager.

* Deep-clean post-party skin with Roc's **Renewex Microdermabrasion Daily Cleansing Pads** £7.95 for 24 (right), then plump with **Blue Lagoon Ideal Hydrating Lagoon Bath** £31.50 Carita (above) to get skin glowing again.

SHISEIDO

Luminous in **DAYS**

You have A permanently dull complexion

You need To add brighteners to your everyday skincare and exfoliate more deeply. "At-home microdermabrasion or peels will speed up sluggish circulation, while evening out skintone," says top plastic surgeon Dr Barry Cohen.

* For daily de-dulling, switch to a vitamin C cream such as **White Lucency Recovery Night Cream** £45 Shiseido (above left), which will clear a muddy skintone while you sleep. To turn around skin in 21 days, try Chanel's **Précision Micro Solutions Refining Peel Program** £135 (right).

PRÉCISION

MICRO
SOLUTIONS

GRAMME
NANT
NEUVE
IG PEEL
SRAM

ANEL

IN VISAGE DE LA MER™

the radiant primer
soin base lumière

Perfect in **WEEKS**

You have Pigment-speckled skin

You need Serious dark spot smoothers.

Professional microdermabrasion blasts away dead cells with a spray of fine sand and softens unevenness. Alternatively, target specific brown spots with Intense Pulsed Light (IPL) Therapy, available at Beyond Spa at Harvey Nichols, which stimulates the skin to heal itself. "It gets results without any down time," says Dr Cohen.

* Nightly doses of SK-II's **Whitening Source DermDefinition** £65 (right) will ease brown blemishes and control melanin, while Crème de la Mer's two-step **Radiant Facial** £245 (above) calms and clarifies skin.